



basic play dough recipe

A RECIPE FROM THIS PLAYFUL HOME

ingredients

- 2 cups of plain flour
- 1 cup of salt
- 2 tbsp of cream of tartar
- 2 tbsp of oil
- Up to 2 cups of water (that will be added gradually)

prep

When making play dough WITH children do this prep first. This kills of the bacteria found in raw flour

1. Bake flour in an oven dish for 15 mins at 300f/150c
2. Boil the water & allow to cool

Check temperatures before giving the ingredients to kids

directions

- Place all of the dry ingredients in a mixing bowl and stir with a spoon.
- Add the oil next, then stir again
- Add up to 2 cups of water to the bowl - *gradually*. *Keep stirring as you do this to get the consistency right.*
- Finish with a few drops of food colouring, spices or eco glitter

tips

Too sticky? Add a sprinkle more flour until the dough feels springy, but not sticky.

Too dry? Add a teaspoon or two of water.

Store in a ziplock bag within an airtight container - the dough should last up to 4 weeks.